## Pathology employees only

If you will be working in a laboratory, you may require some extra vaccinations as well as the ones above due to the nature of the specimens you will be in contact with.

### **Hepatitis A and Typhoid**

Hepatitis A and Typhoid are both spread through contaminated food and water (faecal oral route)

The Typhoid vaccine lasts for three years and Hepatitis A will last for one year

You will be offered a Hepatitis A booster at one year, which will then be effective for 25 years

### Diphtheria/Tetanus/Polio

This is a combined vaccine. It is likely you will have had the full primary course as a child; therefore please make sure you bring any childhood/ GP vaccination records with you. We will offer you a booster if required

## **Contraindications and side-effects**

- You may develop local tenderness at the site of the injection – this is a normal reaction and will settle after approximately 48 hours
- You may get a mild raised temperature after a vaccine – this is a normal reaction and will settle
- Anaphylaxic reaction to a vaccine is VERY RARE and you will be given appropriate treatment should this occur
- If you have received the vaccines listed in this leaflet before, we need to see the evidence so that we can record it on your OH record.

## Unable to make your appointment?

If you are unable to make your appointment, please call us on 0117 3423400 as soon as possible to rearrange

Please see further information about our services on our website below:

www.apohs.nhs.uk



Whitefriars Centre
Lewins Mead
Bristol
BS1 2NT
www.apohs.nhs.uk
Phone 0117 342 3400
Email: occupationalhealth@uhbristol.nhs.uk



# APOHS Services | Immunisations







Avon Partnership NHS Occupational Health Service is hosted by University Hospitals Bristol NHS Foundation Trust, also partnered with North Bristol NHS Trust and Weston Area Health Trust.

At the start of your employment, it is important that you attend Occupational Health if you are sent an appointment.

Your appointment will be sent to your contact email address that you provided to us when you completed your Portal New Starter (Health@Work) health questionnaire for your clearance. Please also check in your junk email.

Please bring any vaccination records you already have with you to this session

These records are held by your GP, a previous occupational health service or in your childhood vaccines book

It is important that you attend to ensure that you are protected and you are not putting patient safety at risk. We will provide the necessary vaccinations to protect you and others

## Chicken pox (Varicella)

Varicella is an acute, highly infectious disease. If you have had the disease in the past, you can be considered protected. If you have no history of the disease or are unsure, we can check your immunity with a blood test. Most people will be immune; however there is a vaccination available for those people who are not protected.

This is a live vaccine consisting of x2 doses given one month apart

### **Hepatitis B**

Hepatitis B is a blood borne virus, present in blood and bodily fluids. It is a viral infection that attacks the liver and is potentially life threatening. Hepatitis B is 100 times more infectious than HIV.

As a Health Care Worker you could be at risk if you sustain a needle stick or contamination injury.

Hepatitis B is preventable with a safe and effective vaccine. A vaccine will be given at zero, one and two months with a blood test two months following this to check immunity status. You will need a fourth dose at 12 months to complete the course.

A 5 year booster is no longer required.

### **TB** (Tuberculosis)

TB is an infectious disease that usually affects the lungs, although it can affect almost any part of the body. It is caught through prolonged close contact with someone who has pulmonary open TB.

If you have had a BCG vaccination previously, we will check you have a BCG scar (usually on upper arm) and this will be sufficient evidence.

Questions regarding previous exposures and risk factors will also form part of the screening process.

#### Measles Mumps and Rubella (MMR)

Measles is a highly contagious and a serious disease which is prevalent at the present time. The MMR vaccination is a live vaccine, containing live attenuated strains of Measles, Mumps and Rubella viruses.

You may have been given x2 MMR vaccinations during childhood however documentary evidence of this will be required to ensure accurate records.

If you have had just one or no MMR vaccinations, we will vaccinate you.

A course consists of x2 doses of MMR given one month apart.